

House Cleaning Checklist

Gather Supplies

- Ensure you have all the necessary cleaning supplies ready before you start. Having everything at hand will make the cleaning process more efficient.
- Opt for eco-friendly cleaners to minimize environmental impact.
- Microfiber cloths are ideal for dusting as they trap dust particles effectively and can be washed and reused, reducing waste.
- Vacuum cleaners with HEPA filters are recommended to trap allergens and improve indoor air quality.

Declutter

- Begin by picking up and returning any items that are not in their designated places. This step will make cleaning easier and more effective.
- Clear countertops, tables, and other surfaces of unnecessary clutter to create a clean and organized appearance in your home.
- Consider implementing storage solutions such as baskets or bins to keep commonly used items organized and easily accessible.

Dust

- Dusting should be done systematically, starting from the highest points in the room, working your way down to ensure that any dislodged dust settles on lower surfaces.
- Use a microfiber cloth or duster to dust surfaces, shelves, furniture, and electronics. Avoid using feather dusters, as they tend to spread dust around rather than capture it.
- Pay special attention to often overlooked areas such as ceiling fans, light fixtures, and baseboards, as dust tends to accumulate in these areas over time.

Wipe Surfaces

- Use an all-purpose cleaner suitable for the surfaces you are cleaning. Read the labels and follow instructions carefully to ensure effective and safe cleaning.
- When cleaning mirrors and windows, use a streak-free glass cleaner and a lint-free cloth to achieve a sparkling finish.
- Regularly wash and replace your cleaning cloths or paper towels to prevent the spread of bacteria and ensure optimal cleaning results.

Kitchen

- Prioritize cleaning areas where food is prepared to maintain a hygienic environment and prevent the spread of germs.
- Disinfect high-touch surfaces such as countertops, sink faucets, and stove knobs to reduce the risk of cross-contamination.
- Sweep or vacuum crumbs and debris from the floor before mopping to avoid spreading dirt around.

Bathroom

- Use a disinfectant cleaner to thoroughly clean and sanitize the toilet, sink, and bathtub/shower. Pay extra attention to areas prone to buildup, such as around the base of the toilet and inside the shower grout.
- Wipe down mirrors and countertops with a clean cloth or paper towel to remove toothpaste splatters and water spots.
- Regularly launder bath mats and shower curtains to prevent mold and mildew growth.

Bedrooms

- Making the bed sets a positive tone for the day and instantly makes the room look tidier. Smooth out wrinkles in the bedding for a neat appearance.
- Dusting furniture and surfaces in bedrooms helps reduce allergens and create a healthier sleeping environment.
- Vacuum or sweep the floor, paying attention to areas around the bed and furniture where dust tends to accumulate.

Living Room / Common Areas

- Arrange cushions and pillows neatly to create a welcoming and comfortable seating area.
- Dusting furniture and surfaces not only improves appearance but also enhances indoor air quality by removing allergens and dust particles.
- Vacuum or sweep the floor, focusing on high-traffic areas and under furniture where dirt and debris may accumulate.

Finishing Touches

- Emptying trash cans regularly prevents unpleasant odors and reduces the risk of attracting pests.
- Replace hand towels and bath towels as needed to maintain cleanliness and hygiene in the bathroom.
- Conduct a final walk-through of your home to ensure that all cleaning tasks have been completed to your satisfaction.

Feel free to adjust this checklist according to your preferences and the specific needs of your home.

Happy cleaning!



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Got questions? Contact us and see how we can help: maidthis.com/cincinnati