



Spring Cleaning Checklist

General Cleaning in All Rooms

- ☐ Declutter to see quick results & make space to work.
- ☐ Dust from top to bottom, including fans, light fixtures, curtain rods, air vents, walls, & wall decor.
- ☐ Damp-wipe walls & baseboards.
- ☐ Wash windows, blinds, & doors.
- ☐ Launder curtains, throws, & floor rugs. Wipe down drapes.
- ☐ Sweep & mop floors. Vacuum & deep clean carpeting.
- ☐ Disinfect handles, knobs, buttons, switches, & keyboards.
- ☐ Empty trash & disinfect trash containers.
- ☐ Notes:_____

Kitchen

- ☐ Degrease walls, surfaces, & inside cabinets & appliances. Bacteria love grease.
- ☐ Launder curtains, rugs, & potholders.
- ☐ Clean tops, interiors, exteriors, behind, & under all appliances & furniture.
- ☐ Discard expired foods.
- ☐ Notes:_____

Bathroom

- ☐ Every flush of the toilet sends aerosol droplets onto all the surrounding surfaces, so disinfect anything your hands or mouth will touch.
- ☐ Wash windows, mirror, shower curtain bar, & curtains.
- ☐ Scrub tub/shower walls.
- ☐ De-lime faucets.
- ☐ Sanitize cabinet interior & exterior.
- ☐ Discard old cosmetics, creams, lotions, & ointments.
- ☐ Scrub toilet surfaces & floor.
- ☐ Notes:_____

Living Room

- ☐ Deep clean upholstery.
- ☐ Clean spaces under cushions.
- ☐ Wipe down all surfaces of furniture & devices. Clean behind & under everything.
- ☐ Clean out closets & drawers.
- ☐ Notes:_____

Bedroom

- ☐ Wash bedding including pillows. Replace pillows as needed.
- ☐ Turn & sanitize mattress.
- ☐ Wipe down all surfaces of furniture. Clean behind & under everything.
- ☐ Donate unused clothing.
- ☐ Clean out closets & drawers.
- ☐ Notes:_____

Miscellaneous

- ☐ Arrange for annual inspection of hot water heater & HVAC system.
- ☐ Update fire extinguishers, smoke alarms, & CO2 detectors.
- ☐ Sanitize animal & houseplant areas. Trim plants.
- ☐ Clean laundry room, behind & under appliances. Check filters & venting.
- ☐ Clean out attic & basement, checking for pest infestation.
- ☐ Clean & organize storage areas.
- ☐ Notes:_____



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Got questions? Contact us and see how we can help: maidthis.com